

# Wanted- Your Chiropractic Success Story

We would love to hear how chiropractic care has impacted your health and your life. A brief story written or typed would be appreciated or you may simply fill out the questionnaire below.

Your Name: Mary Jean Gilbert  
Child's Name (if applicable): \_\_\_\_\_ Age: 74

The reason you or your child began Chiropractic care: Fell on my left wrist under my right rump, causing a deep injury to inside my right ramp and down my right leg to my right foot !!

Length of condition(s), severity and effect this had upon your family: My injury occurred 12-3-'06 when I fell backwards at bowling alley, Horseheads, NY. This injury has caused me lots of pain and trouble standing up straight !!

Past treatments, medications and effects: Went to chiropractor in Elmira, NY. Helped, but no cure. Started seeing Dr. Mark A. Lindholm in April. Very impressed with first session !! Off to Hawaii one week. See DR 4/30/07 MAL.

How your life or your child's life/health has improved with Chiropractic care: My right foot is heading forward, not to the side. The snow gave the walk away. I am standing up better. Still some ache at times on my right side and down my right leg. Thank you all !!

This information is accurate to the best of my knowledge. I give you permission to share my story with others in order to positively change their lives also! (yes)

Signature: Mary Jean Gilbert Date: April 20, 2007